Ohio 4-H Conference Registration Booklet

March 21, 2026

Greater Columbus Convention Center

Registration Deadline: February 20, 2026

Please note: all registrations are due to the State 4-H Office by this deadline. Your county Extension Office may have an earlier deadline to allow for time for entry and submission to the state level – in order to ensure you meet the deadline, it is best to check with your county Extension Office to see if they may have an earlier deadline.

THE OHIO STATE UNIVERSITY EXTENSION

College of Food, Agricultural, and Environmental Sciences
Ohio 4-H Youth Development
ohio4h.org

CFAES provides research and related educational programs to clientele on a non-discriminatory basis. For more information, visit cfaes.osu.edu/nondiscrimination.

Conference Information

Full Time Registration

To register for the 2026 Ohio 4-H Conference, complete a registration form and return it to your county Extension office by their deadline. The registration fee is $40 by the deadline. The cost of parking at the convention center is not included in the registration fee.

Cancellation Policy

Registration fees will be fully refunded if your cancellation is received by February 20, 2026. No refunds will be issued after February 20. Send cancellation requests to Amy Barr, State 4-H Office, barr.91@osu.edu or to 2201 Fred Taylor Drive, Columbus, OH 43210.

Educational Programs Registration

- To register, indicate your first, second, and third choices for each time period on the registration form. Keep in mind that workshops overlap sessions.
- Please note that some sessions are for Teens, Adults, or Both Adults and Teens. If you are an adult, you will not be able to sign up for a teen only session, and vice versa.
- All workshops and sessions will be filled on a first-come basis.
- Sessions will last 45 minutes. The workshops numbered 600 and higher will last 90 minutes.
- You'll want to wear comfortable walking shoes because rooms are located throughout the convention center. All facilities are accessible to people with disabilities.

Luncheon Options

On the registration form, you must indicate which luncheon you will be attending. All youth (ages 13 and older) are encouraged to select the Teen Luncheon option. The Volunteer Luncheon highlights the extraordinary accomplishments of volunteers. The Teen Luncheon recognizes their peers and features a keynote speaker.

Dietary Accommodations

We strive to accommodate the dietary needs of all attendees. You will have the opportunity to share your dietary needs on your registration. However, please note that food served at the conference is not prepared to order and is designed to serve over 1,000 guests. Food will be clearly labeled, but we encourage you to exercise discretion when selecting items if you have a specific dietary restriction. If you have a severe allergy or something not covered on the registration, please email Amy Barr (barr.91@osu.edu) to discuss this. Thank you for your understanding!

4-H Market Place

The 4-H Market Place will feature fundraising ideas and promotional materials. Make sure to take time to visit and check out all the offerings!

Conference Schedule

(Subject to change)

8:00 a.m. .....Registration Desk Open
4-H Market Place Open
9:00-9:45 a.m. ..... Session 1
9:00-10:30 a.m. ..... Workshop A
10:00-10:45 a.m. ..... Session 2
11:00-11:45 a.m. ..... Session 3
12:00-1:45 p.m. ..... Luncheons
2:00-2:45 p.m. ..... Session 4
2:00-3:30 p.m. ..... Workshop B
3:00-3:45 p.m. ..... Session 5
4:00 p.m. ..... 4-H Market Place Closes

Educational Session / Workshop Tracks

The educational programs presented during sessions and workshops are sorted into 1 of 6 tracks, including:

- Animal Science
- Camp
- Cloverbuds
- Project Specific
- Teen Leadership, Opportunities, and Workforce Preparation
- Volunteer Resources and Effective 4-H Clubs

To see an "at a glance schedule" with the track for each session noted, please refer to pages 30 and 31.

Posters

Posters will be available in the Marketplace to view throughout the day.

Scrapbooking Enhancement

Presented by: Pat Cornell

Make your scrapbook a standout by using layering techniques, borders, embellishments, popups and much more. Examples will be displayed and handouts available.

Educational Session / Workshop Choices

Session 1 – 9:00-9:45 a.m.

101 The 3Cs of Assertive Communication for Camp Counselors **Teens**

Presented by: Jamie McConnell

Assertive communication allows counselors to express their thoughts and feelings directly and honestly while showing respect to others around them. This valuable skill can help you handle challenging situations and be a more effective team player. In this session, counselors will learn the four parts of an assertive statement, explore the three Cs of assertive communication, and apply them to real-life scenarios. *Limited to 50 participants.*

102 4-H Shooting Sports Ambassador Highlights **Teens**

Presented by: Lindsey Van Gundy, Austin Clark, Isaac Richard, & Eva Merritt

The youth from the Shooting Sports program will share their experiences with the program, including how to become an ambassador, their favorite memories, and where they can apply what they've learned in shooting sports. *Limited to 60 participants.*

103 Advisors You are the Hub of the Wheel *(repeated in Session 3)* **Adults**

Presented by: Amy Fleshman

As an advisor you are KEY to the success of the 4-H program! You are the hub of the wheel for the 4-H member, parents, and the county educator. We have a lot of responsibility and sometimes there is so much coming at us, that we can get confused or even be derailed. Come to this session to celebrate your role as a club advisor, Jr. Fairboard advisor, 4-H Committee/Council member, etc.! We will review the purpose of 4-H, our unique role and how to be effective. We will review the importance of positive youth development. We will share some tried practices that have had success. Learn about the benefits of planning the club calendar for the year's activities/plans. How do we demonstrate the four "H"'s are important? Do we believe and communicate that character development more important than awards? This will be a fast paced session that covers a lot of content. This has been a well-liked session for many years (slightly revised) for advisors who may need some encouragement! *Limited to 100 participants.*

104 Artificial Intelligence and Ohio 4-H *(repeated in Session 3)* **Both**

Presented by: Cynthia Canan

Artificial intelligence (AI) is everywhere, and it's growing fast. While AI can be a helpful tool in sparking new ideas and simplifying difficult concepts, it can also easily limit your critical thinking and creative potential. Join Ohio's State 4-H STEM Specialist to discover what AI is, explore how it works, and engage in conversation about the benefits, challenges, concerns and ethical considerations of using AI in 4-H projects. *Limited to 100 participants.*

105 Bridging the Gap: Effective Communication Strategies for 4-H Clubs **Adults**

Presented by: Jeremy Elleman & Alicia Rittenhouse

Strong communication is essential for thriving 4-H clubs. This session, led by a 4-H professional and a 4-H volunteer and parent with a background in communications, will explore practical strategies to improve how clubs connect with members and families. Participants will learn how to balance traditional tools—like newsletters and phone calls—with modern platforms such as email, social media, and messaging apps. The presenters will share real-world examples and tips to help clubs streamline communication, increase engagement, and build stronger relationships. Whether you're a new or seasoned volunteer or even a teen leader, you'll leave with actionable ideas to enhance your club's communication efforts across all channels. *Limited to 100 participants.*

106 Did I Just Say That? That's Not What I Meant. **Both**

Presented by: Melinda Ryan

Communicating is something we all need, but how do we do it so others understand what we are trying to communicate. Learn different ways of communication, which is good and which is not so good. Learn some tips and tricks to be a better communicator. Understand generational differences and how that can effect communication. *Limited to 80 participants.*

107 Engaging Cloverbuds… Without Reinventing the Wheel **Both**

Presented by: Allison Cooper

The vision of engaging county cloverbuds started from a lack of older 4-H youth participating in countywide events & beyond. We know that there are many youth who start the 4-H program but eventually drop out or only participate in their certain area of interest and never see what all 4-H has to offer them. If we look at our existing programs, we can get creative and find ways to include our youngest members so they can see what all opportunities are available to them and help them to potentially find new sparks they might not have otherwise discovered. *Limited to 50 participants.*

108 Exploring Extension Careers through Community Leadership **Teens**

Presented by: ACEL Faculty and Staff

Are you passionate about making a difference in your community? This interactive session introduces teens to the exciting world of Extension education and how Ohio State's community leadership major can prepare them for a career in this impactful field. Participants will engage in a hands-on activity where they'll design a mini outreach program for a local issue—just like Extension professionals do! Through discussion and exploration, attendees will learn about real-world career paths in Extension, hear from current students and professionals, and discover how their leadership skills can shape the future of Ohio communities. Whether you're interested in agriculture, youth development, or community wellness, this session will help you connect your passions to a purpose-driven career. *Limited to 50 participants.*

109 Horse Bowl? I Didn't Know Horses Could Bowl **Both**

Presented by: Kara Colvin

State 4-H Horse contests such as Horse Bowl are great opportunities for 4-H members to learn more about their projects and build their skills while having fun as part of a team. Have you ever wondered how to get a team started? How do you prepare for the contest? How do you find study materials? How do you keep practices fun and engaging? Learn how to build a Horse Bowl team and join the fun! *Limited to 50 participants.*

110 Looking Out for the Future of Agriculture : Advocating for Tomorrow **Both**

Presented by: Ohio 4-H Teen Leadership Council Animal Science Committee

Join us for a session focused on the future of agriculture and the power of advocacy in shaping it. As agriculture continues to evolve with technology, sustainability challenges, and changing public perceptions, it's more important than ever for leaders in all walks of life to speak up and stand strong for the ag industry. In this session, participants will explore current trends impacting agriculture, learn the fundamentals of effective advocacy, and gain tools to communicate their agricultural story with confidence. Whether you're a 4-H member, parent, advisor, extension professional, or simply passionate about agriculture, this session empowers you to become a strong voice for the future of the industry. Step up, speak out, and be part of shaping what agriculture looks like tomorrow! *Limited to 50 participants.*

111 Maximize Your Harvest Through 4-H Growing Projects **Both**

Presented by: Tim McDermott

Would you like to learn how to grow your own food? Growing projects such as Grow Your Own Vegetables and Growing with the Seasons are some of the most popular and rewarding 4-H projects to participate in. Come learn the tips and tricks to not only get the most out of your growing project but to maximize your harvest of fresh, healthy vegetables. *Limited to 100 participants.*

112 Ohio 4-H Clover Award: A New Statewide Member Recognition Opportunity **Both**

(Repeated in Session 5)

Presented by: Frances Foos, Christy Clary, Jessica Rockey, Mackenzie Lowe, & Ashlee Meardith

Join us to learn more about the Ohio 4-H Clover Awards launching in 2026. The Clover Awards are a new awards program that does not replace any other statewide awards. The purpose is to encourage 4-H members to engage in a variety of projects and activities, to enable members to refine their record keeping abilities, and to enhance their leadership skills. The Clover Awards program also is designed to recognize youth for their continued involvement and growth through the 4-H program. *Limited to 100 participants.*

113 The Poultry Project: Hands-On Harvest *(Repeated in Session 5)* **Both**

Presented by: Jenny Strickler

Following the fair, our Poultry Processing Workshop offers youth poultry exhibitors a valuable hands-on learning experience. Participants who exhibited market chickens at the fair have the opportunity to take part in the complete processing process—from live bird handling to packaging the final product. Guided by experienced instructors, youth will learn about proper food safety, humane handling, and the steps involved in preparing poultry for consumption. This educational workshop helps exhibitors better understand where their food comes from and the care, responsibility, and skill involved in producing it. The experience reinforces the purpose of livestock projects and highlights the importance of quality, safety, and respect for the animals raised. Through active participation, youth gain practical knowledge, build confidence, and deepen their appreciation for agriculture and the farm-to-table process. *Limited to 100 participants.*

114 Taking the Leap in Leadership: Event Planning **Both**

Presented by: Adrianna Meyer

Embrace the challenge of leadership by mastering the art of event planning! This session will guide participants through the essential components of successful event organization. Attendees will learn to identify key considerations for planning, develop an event timeline, and learn who to effectively reach out to when planning an event. Participants will leave equipped with practical skills and resources to implement a well-planned event. Engage with fellow leaders and participate in a hands-on activity designed to enhance your planning expertise. Join us to elevate your leadership journey and create memorable experiences for your followers! *Limited to 60 participants.*

115 Talk Money, Marketing, and More with the Ohio 4-H Foundation Board **Both**

Presented by: Crystal Ott, Ren Hopkins, Joel Oney, & Kristin Patterson

Join Foundation board members to learn ways to tap into funds available for current programs and ideas to market 4-H and grow endowment funds in your county. We will share examples of how the foundation can support marketing 4-H locally as well as a round-table discussion offering opportunities to share and learn from your peers on local fundraising for county endowments. Please bring your ideas to share. Everyone who attends our session will receive resources for your county as well as a 4-H giveaway. *Limited to 100 participants.*

116 Veteran's Honor Quilts **Both**

Presented by: Chris Kendle

Veteran's honor quilts are a great way to promote citizenship and community service. Members involved in this project have the potential to connect with veterans and gain a greater appreciation for their personal sacrifice. Session attendees will learn about honor quilt programs, quilt specifications, veteran selection and quilt presentations. Come sew a square (beginner level) during the session or stop in any time during the day and contribute to a statewide veteran's honor quilt service project! The quilt made during the session will be presented to a veteran at the 2026 Ohio State Fair Quilt Day. *Limited to 50 participants.*

117 Who Cares? We Do! **Both**

Presented by: Laryssa Hook & Margo Overholt-Seckel

4-H youth are 3X more likely to participate in community service and 2X more likely to report living life with intentionality and purpose. How can we expand on this success and insure all 4-H youth gain positive social skills? Youth who have a prosocial orientation are naturally inclined to care about the well-being of others and act in ways that benefit people beyond themselves and society as a whole. A prosocial young person is empathetic, kind, cooperative, and fair. They also have a desire to help—even when there's no direct personal gain. We will explore the 4-H Youth Thriving Model and specifically look at ways 4-H helps youth develop a prosocial orientation through 4-H projects, service, leadership, and teamwork. Prosocial development is important in equipping youth with essential social and emotional skills that are critical for them to be Beyond Ready to succeed in both the workplace and broader life. *Limited to 60 participants.*

Workshop A – 9:00-10:30 a.m.

601 4-H Hands to Larger Service **Both**

Presented by: Sara Foos, Jenny Morlock, Karen Kotula, & Grace Miller

Are you looking to inject your 4-H club/program with a new meaningful projects to involve families and incorporate "hands on" service that supports our neighbors not just in our local communities, but our country and world? Join the excitement Wood County 4-H members, volunteers, and families experienced this past spring as they participated in a county-wide 4-H "Hands to Larger Service" day. Discover how small community service projects grew into a multi-generational event with over 600 participants providing support to organizations for our "clubs, communities, country, and world". This presentation will help you spark ideas of how to reach new audiences, identify resources, and provide a wealth of information to enhance and grow your community service offerings. Samples of successful projects that can be completed will be on display and some will be available to make and take home. Come and let us help you spread the excitement of pledging our "Hands to Larger Service". *Limited to 60 participants.*

602 The 5 Dysfunctions of a Team: Take Home Teambuilders for Groups **Both**

Presented by: Alex Kennedy

Come along on an interactive journey through Patrick Lencioni's 5 Dysfunctions of a Team. Learn the most important aspects of a productive team while gathering team-building activities and facilitation skills for your back pocket. Whether training teens or working with adults, these activities are sure to help build a stronger team while having fun! Each participant will leave with knowledge and understanding of the five dysfunctions that commonly plague teams and real-life activities that help bring these concepts to life for all groups. All camp counselors, volunteers, and professionals alike are encouraged to attend this hands-on workshop. *Limited to 50 participants.*

603 Confronting the Criticism: How to Self-Assess, not Self-Destruct **Both**

Presented by: Caitlyn Romshak & Thea Haney

No matter how many times you've been subject to it: criticism—good or bad can feel like an attack. For most of us, criticism is scary, and often times met with mixed results. If you are one in the millions of people who shudder at the thought of criticism no matter how "constructive" it's meant to be—then this session is for YOU. In this next installment of the "Caring Through Conflict" series, we take an honest look at what criticism really means, unpacking our own interpretation behind the act of critiquing, the power behind the words you speak, and the tools we can use to fully assess our actions and the accountability we bring to the table. This session will offer open discussion and hands-on activities that will guarantee healthy results to address and grow from criticism. *Limited to 50 participants.*

604 Games for Growth **Both**

Presented by: Tyler Kessler & Crystal Sheppard

Are you interested in exploring fresh activities that teach strategies for connection, communication, and even compromise? Are you looking for new games you can use across ages and stages to encourage safe spaces for new growth? During this workshop experience, we will demonstrate simple games that utilize fun to teach group critical thinking, conflict resolution, and even working through compromise. Additionally, we will showcase activities that support a healthy social and emotional space conducive for new learning, as well as for cultivating healthy relationships. Join Adventure Central staff as we learn and grow together through fun! *Limited to 50 participants.*

605 Ohio 4-H Food Challenge **Both**

Presented by: Jacki Baca, Ryan Kline, Sami Hull, & Christine Kendle

Ohio 4-H offers a fun hands-on Food Challenge contest! Participants in this workshop will engage in a fun mini version of the contest, receive an overview of the contest guidelines, and gain tips and tricks to offer this in their home county. All Ohio counties are invited to send a team to the Ohio 4-H contest in August to compete for a chance at attending the National contest in Texas. Food Challenge contests assist youth to develop and exhibit nutrition, healthy food preparation, food safety, communication, and teamwork skills through culinary experience. *Limited to 60 participants.*

Session 2 – 10:00-10:45 a.m.

201 Beyond Ready for LIfe: History of 4-H and A.B. Graham **Both**

Presented by: Melinda Ryan

Ever wonder how 4-H was started? Who started it and why? Join this session and hear audio clips directly from A.B. Graham, the founder of 4-H. How did 4-H begin, what were the goals, and how did we get to where we are now?. How are our 4-H members BEYOND READY for LIFE? *Limited to 100 participants.*

202 Cake Decorating Tips and Tricks **Both**

Presented by: Tammie Strawser

Interested in learning more about the cake decorating project? Come learn about the world of cake decorating, project requirements (including state fair expectations), and helpful tips and tricks for success in your project learning! *Limited to 50 participants.*

203 Fashion Reboot: Upcycle Your Wardrobe **Teens**

Presented by: Laryssa Hook, Danielle Combs, & State 4-H Fashion Board

Got clothes that are out of style, ripped, or just don't fit anymore? Don't toss them—transform them! Join the 2026 State Fashion Board for a hands-on and interactive session where we'll show you what to do with clothes you are no longer using. Whether it is wearing them in a new way or repurposing them, we will explore options in thrifting, restyling, and upcycling your wardrobe. Come ready to be inspired! *Limited to 60 participants.*

204 From Passion to Project: STEM Project Outreach Tools **Both**

Presented by: Ohio 4-H Teen Leadership Council STEM Committee

Curious how to spark STEM excitement in your county? This session will explore practical strategies for promoting STEM projects at the local level. Learn about creative programming ideas through demonstrations and a presentation on different outreach methods. *Limited to 50 participants.*

205 Growing Teachers Throughout the Seasons: School-Year Gardening for Group Projects, SPIN, and More! **Both**

Presented by: Carol Smathers, Tim McDermott, LaVanya Watkins & Kristen Eisenhauer

Extension's Growing Teachers Throughout the Seasons (GTS) guide and free online modules outline easy steps for indoor and outdoor growing. GTS activities incorporate science, technology, math, and language, along with agriculture awareness and nutrition, while empowering youth to plant, tend, harvest, and taste nine varieties of herbs and vegetables during the school year! This session engages participants in hands-on activities about three fun and easy growing methods (seed starting, raised beds with season extension, and hydroponics) and taste testing. Participants will explore how GTS encourages young people to observe, explore, and discover the world around them, expanding their interests, abilities, and strengths. They will identify ways that GTS resources can: support Extension professionals, teachers, and volunteers to engage students in gardening, serve as a group project (like ChickQuest), help grow community clubs, and spark SPIN projects and interest in other 4-H projects. *Limited to 60 participants.*

206 Handling Inappropriate Questions from Campers **Teens**

Presented by: Jamie McConnell

Camp counselors are important leaders in the county 4-H program and are always expected to model positive behavior. Campers sometimes challenge this expectation by asking inappropriate questions at camp. Those questions may make the counselor feel uncomfortable, be too personal, or are not age-appropriate for the camper. In this session, counselors will discuss what makes a question inappropriate, why campers ask them and how to respond. *Limited to 50 participants.*

207 How to Get Your Cloverbuds Involved in the 2026 Cloverbud Engineering Adventure **Both**

Presented by: Bruce Zimmer, Christy Millhouse, & Rebecca Supinger

The Ohio 4-H Cloverbud Engineering Adventure gives 4-H Cloverbuds the opportunity to work cooperatively in teams to problem-solve using STEM (science, engineering, technology and math) skills utilizing interlocking bricks (i.e. Mega Bloks, LEGOS). Learn how your Cloverbuds can participate in this engineering adventure and how the Cloverbuds can attend one of many regional showcases held throughout Ohio to share their experience, model and poster with an interview team. The session will share tips on how to organize and prepare your Cloverbuds for the 2026 adventure and learn more about the 2026 theme. *Limited to 60 participants.*

208 Kindergarten Ag in the Classroom *(Repeated in Session 3)* **Both**

Presented by: Brittney Robinson, Erin Ruggiero, & Tiffany Kosman

"Ag in the Classroom" (Agriculture in the Classroom) is a great way to introduce young learners to where their food, fiber, and other agricultural products come from. For kindergarten, it's all about hands-on, fun, and simple activities that connect to their world. *Limited to 50 participants.*

209 Leadership in a Digital Age: Crafting Your Personal Brand **Teens**

Presented by: Frances Foos

Discover how to shape your leadership identity - both in person and online. learn to build a positive personal brand, practice responsible digital citizenship, and represent yourself with confidence and integrity. Learn to lead loudly and post wisely while building your brand online and IRL (in real life). *Limited to 50 participants.*

210 Learning Biosecurity Through Hands On Activities **Both**

Presented by: Marissa Hall & Jacqueline Nolting

Biosecurity is an important way that we keep ourselves and animals safe from diseases. To make sure youth exhibitors know how to properly practice biosecurity we have made different hands on activities for youth that goes over different aspects of biosecurity that youth exhibitors should be familiar with when working and showing animals. Each activity will have curriculum to go with the activity so participants are able to take it back to their 4-H clubs and reteach lessons. *Limited to 60 participants.*

211 Ohio 4-H Animal Sciences Program Update **Both**

Presented by: MacKenzie Dore

Come learn what's new with 4-H Animal Sciences programming including: Youth Quality Assurance, state livestock judging, upcoming clinics and contests, state-level Skillathons, and other Ohio State Fair youth livestock opportunities. *Limited to 100 participants.*

212 Real Winners: The Power of Sportsmanship *(Repeated in Session 3)* **Teens**

Presented by: Alisha Faudie & Ashlee Meardith

A real winner demonstrates respect, fairness, and integrity in life - whether in athletics, academics, the show ring, or daily interactions. This session focuses on the importance of good sportsmanship as a key component of personal character, teamwork, and success both in and out of 4-H. By the end of the session, teens will understand how practicing good sportsmanship contributes to leadership development, conflict resolution, and a more positive experience for everyone involved. *Limited to 50 participants.*

213 Student Voices: Navigating CCP, College Applications, and the Next Step After High School **Both**

Presented by: Ohio 4-H Teen Leadership Council College & Career Readiness Committee

College Credit Plus (CCP) opens exciting doors—but it also comes with important decisions. In this student-led session, hear firsthand from high school students actively navigating the CCP experience and preparing for college. They'll share how they balance college courses with high school life, manage applications, and use tools like Transferology to understand how credits transfer. Presenters will also demystify the FAFSA, college application timelines, and scholarship searches, offering practical tips to stay organized and confident. Whether you're exploring CCP, preparing for your first semester, or finalizing applications, this session will help you make informed choices and take the next step on your path to college success. *Limited to 60 participants.*

214 Tips to Ensure that Your County 4-H Committee is Making a Positive Impact… **Both**

Presented by: Lisa McCutcheon, Adrienne Anderson, & Colleen McDougal

Having an active and thriving County 4-H Committee can make all the difference in the world! Are they involved, contributing and having fun, or do they dread attending meetings and eventually losing interest and stepping away! The Licking County 4-H Committee doesn't have all the answers, but they certainly can say that they have an incredible 4-H Committee filled with adults who want to support 4-H, freely give of their time, and make sure that every event is fun and enjoyable! 4-H Committee members, along with their County 4-H professionals will share some thoughts on what works for them, and what it is that they do throughout the year to support their county 4-H program and ensure that it's continually growing and offering expanded opportunities to its members! *Limited to 100 participants.*

215 Volunteer Competencies through Lunch and Learn Trainings **Adults**

Presented by: Jo Williams, Erin Dailey, Joy Bauman, Carlie Newman, Kristy Watters, & Rachael Fraley

Extension 4-H volunteers need to complete required training in competency areas and receive support targeted to their needs each year. Offering opportunities for volunteers to complete this training in a timely manner is important for 4-H professionals, who may choose to provide alternative online options to in-person training. This is especially beneficial for volunteers with busy schedules. Using a collaborative approach, 4-H professionals from six counties conduct a six-session Volunteer Lunch and Learn series of trainings offered via Zoom. Each 30-minute midday session covers one competency for 4-H volunteers. Volunteers who participate in the sessions complete an online evaluation and then receive credit for their training. During this session, we will share how these lessons make completing volunteer training easier and what the topics are for 2026 Lunch and Learns. Adult volunteers will leave with potential options for completing their annual volunteer training. *Limited to 60 participants.*

216 Welding Skills Beyond the Basics & Educating Tomorrow's Farmers **Both**

Presented by: Chris Tkach

This session focuses on teaching welding skills that young farmers might not learn on the farm and concepts that are difficult to grasp. Will share approaches to making these complex skills accessible, bridging the gap between hands-on farm experience and the technical knowledge needed in today's world. *Limited to 50 participants.*

217 You're Out of 4-H, Now What? **Both**

Presented by: Wesley Kelch & Collegiate 4-H Club at OSU

Are you nearing the end of your career as a 4-H member? Are you worried about the next steps after graduating the 4-H program? Join Collegiate 4-H members from The Ohio State University as they discuss ways to stay involved in 4-H after your last year. The session will also include a panel of students from OSU ready to address questions about attending college, provide resources for youths, and promote youth opportunities through Collegiate 4-H. *Limited to 50 participants.*

218 Youth Activities and Programs Policy **Both**

Presented by: Beth Boomershine & Rachel Diedrick

Youth Activities and Programs Policy Training is an annual requirement for Ohio 4-H volunteers to complete in order to best serve and protect of primary audience of youth participants. This session will go through a full training that will grant you the certification needed for this portion of your volunteer training for 2026. *Limited to 100 participants.*

Session 3 – 11:00-11:45 a.m.

301 2026 4-H Projects! What's New, What's Revised, What's Discontinued? **Both**
(Repeated in Session 5)
Presented by: Rhonda Williams & Carrie Davisson
Join the 4-H editorial team from Extension Publishing to learn about 2026 4-H projects. See what's new, revised, and discontinued in the areas of animal sciences, creative and leisure arts, home living, money management, natural resources, and self-determined. Do you have an idea for a new self-determined idea starter or a new 4-H project book? We'd love to hear from you! This session is also an opportunity for youth to share their thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! *Limited to 50 participants.*

302 4-H Shooting Sports Updates Around the State **Both**
Presented by: Lindsey Van Gundy, Cheryl Murrin, Kim Baker, Tom Baker
The leaders of Ohio's volunteer shooting sports groups will be showcasing shooting sports opportunities for youth around the state. This will include camps, shooting events, regional shooting matches, competition team, etc. This session will include information for older youth, new members, parents and advisors. *Limited to 60 participants.*

303 Advisors You are the Hub of the Wheel *(Repeated in Session 1)* **Adults**
Presented by: Amy Fleshman
As an advisor you are KEY to the success of the 4-H program! You are the hub of the wheel for the 4-H member, parents, and the county educator. We have a lot of responsibility and sometimes there is so much coming at us, that we can get confused or even be derailed. Come to this session to celebrate your role as a club advisor, Jr. Fairboard advisor, 4-H Committee/Council member, etc.! We will review the purpose of 4-H, our unique role and how to be effective. We will review the importance of positive youth development. We will share some tried practices that have had success. Learn about the benefits of planning the club calendar for the year's activities/plans. How do we demonstrate the four "H"'s are important? Do we believe and communicate that character development more important than awards? This will be a fast paced session that covers a lot of content. This has been a well-liked session for many years (slightly revised) for advisors who may need some encouragement! *Limited to 100 participants.*

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305 Breaking the Ice: Purposeful Games to Build Connection and Engagement Both

(Repeated in Session 4)

Presented by: Pamela Montgomery

Looking for fresh ways to kick off a meeting or energize a group? Wondering why ice breakers and get-acquainted games matter—and how to use them effectively? This interactive session will explore the purpose behind these activities and demonstrate how they can foster connection, communication, and comfort in group settings.

Whether you're a camp counselor seeking creative ideas or a 4-H volunteer looking for new tools to open a meeting, this hands-on workshop will equip you with practical strategies and ready-to-use games. Come prepared to participate, laugh, and leave with a toolkit of activities you can use right away! *Limited to 50 participants.*

306 Expand Your World: Ohio 4-H Immersion Local and Global Adventures Both

Presented by: Steve Brady

Discover how Ohio 4-H Immersion Programs can open doors to life-changing experiences for teens. This session highlights three exciting opportunities: Urban Immersion in Washington, D.C., Cultural Immersion in Puerto Rico, and Global Immersion in Greece. Learn how these programs can expand your cultural understanding, leadership, and personal growth—and how they can enrich your county's 4-H program when participants return. Whether you're curious about new cultures or eager to make a difference, come explore how 4-H can take you places! *Limited to 80 participants.*

307 The Game of Life: Are You Ready to Play? Both

Presented by: Jessica Rockey

For many of you (or your club members), high school graduation will soon be here. Are you ready for what comes next? Do you have the skills you need to live and thrive on your own? Check out this session to 1) inventory some good old-fashioned skills all teens need in adulthood, 2) try some sample lessons for building various life skills that are taught through a Game of Life class at a Perry County high school, and 3) gain some ideas for how you can share these topics (and others) with your club members and friends. All of this can be a step in the right direction for winning at the Game of Life! *Limited to 60 participants.*

308 Grad Goals: Sealing the Deal Through 4-H Both

Presented by: Laryssa Hook & Margo Overholt-Seckel

The Ohio Department of Education and Workforce requires at least two Readiness Seals to graduate. New this year, they have added an experiential learning requirement for students in the class of 2026 and beyond to earn an honors diploma. Learn about the new requirement and how you can integrate your hands-on 4-H experiences to achieve your graduation goals. We will review the paperwork and documentation necessary to submit to your school. 4-H volunteers will have the opportunity to see the forms their members may ask them to complete. Come and learn more about graduation readiness seals, experiential learning options for earning an honors diploma, and career pathway resources. *Limited to 60 participants.*

309 Growing with Grandparents… and Grand friends **Adults**

Presented by: Emily Masters & Erin Simpson-Sloan

Intergenerational relationships, especially those between children and grandparents, play a significant role in the emotional, social, and cognitive development of children. Grandparents offer unique opportunities for children to experience unconditional love, wisdom, and stability, often bridging generational gaps and providing essential support. Research has shown that such relationships can enhance children's sense of identity and belonging, offering an additional layer of family support that can improve mental health and emotional well-being (Bengtson & Mangen, 2019). A new, interactive program called Growing with Grandparents… and Grand Friends, highlights the multifaceted benefits of intergenerational interactions for the holistic development of children. Session participants should be ready to learn and engage in interactive activities, designed to strengthen bonds. *Limited to 50 participants.*

310 Guiding Youth to Ring Readiness **Adults**

Presented by: Michaela Willsey

As volunteers, how can we guide youth through their project interests—validating their "ring readiness?" Too often, young people miss out on meaningful experiences due to lack of practice, knowledge, or support. This presentation will re-center our focus on what 4-H is truly about: growth, learning, and opportunity for all youth—not just the experienced few. Volunteers will discover how to turn meetings into powerful learning spaces and how to collaborate with community partners to equip youth with the tools, confidence, and skills they need to shine in the ring and beyond. *Limited to 80 participants.*

311 It Takes a 4-H Village: Engaging Members, Empowering Volunteers, and Connecting with Your 4-H Professional *(Repeated in Session 4)* **Adults**

Presented by: Beth Boomershine & Rachel Diedrick

A thriving 4-H club doesn't just happen - it's built by a village of caring adults who create meaningful experiences for youth. In this interactive session, explore practical and creative ways to keep 4-H members engaged, motivated, and connected throughout the year. We'll discuss strategies for strengthening club culture, empowering youth leadership, and building positive partnerships between volunteers and 4-H professionals. Whether your club is brand new or well established, you'll leave with ideas to re-energize meetings, increase participation, and help every member feel like they belong. Come ready to share, learn, and celebrate what makes 4-H clubs the heart of the 4-H experience! *Limited to 60 participants.*

312 Junior Leaders Connecting with Cloverbuds **Both**

Presented by: Christine Kendle & Tuscarawas County Junior Leaders

Teen leaders have a unique opportunity to connect with our youngest members and serve as positive role models throughout the 4-H program year. Session attendees will learn about fun ways to incorporate county Cloverbud activities into their teen leadership program. *Limited to 50 participants.*

313 Kindergarten Ag in the Classroom *(Repeated in Session 2)* **Both**
Presented by: Brittney Robinson, Erin Ruggiero, & Tiffany Kosman
"Ag in the Classroom" (Agriculture in the Classroom) is a great way to introduce young learners to where their food, fiber, and other agricultural products come from. For kindergarten, it's all about hands-on, fun, and simple activities that connect to their world. *Limited to 50 participants.*

314 Let's Explore 4-H Projects Other Than Livestock *(Repeated in Session 4)* **Both**
Presented by: Amanda Staley, Ashley Huffine, & Russ Mayer
Are your members only picking livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members, we will give you ideas and tools to create awareness of the many awesome projects available! *Limited to 100 participants.*

315 Limitless Livestock in the Classroom **Adults**
Presented by: Jess Burns, Laura Akgerman, Dee Jepsen
Bring the exciting world of animal agriculture and the spirit of the Lucas County Fair's Limitless Livestock Show directly into your classroom! This engaging and hands-on conference session is designed for educators who want to enrich their curriculum with accessible, inclusive, and practical lessons on livestock. *Limited to 60 participants.*

316 Ohio 4-H Dog Program Update **Both**
Presented by: Ohio 4-H State Dog Committee
Join us to hear about State Dog Committee updates, including any rule updates / changes and information for the Ohio State Fair Dog Show. *Limited to 100 participants.*

317 Play to Grow! Activities to Build Engagement & Belonging **Both**
(Repeated in Session 4)
Presented by: Tyler Kessler
Are you looking for some 'go-to' games you can use to encourage youth engagement and belonging across ages and stages? Do you want to learn more about how to support positive connections and social emotional health through play? During this session, we will showcase fun games and activities you can use to help 4-Hers share safely and connect with staff and each other. We will also demonstrate other simple, fun games that are easy to tweak for use at various stages of development. Join in and learn the fun way - Let's play some games! *Limited to 50 participants.*

318 Positive Relationships: Dealing with Sportsmanship & Etiquette **Both**

(Repeated in Session 4)

Presented by: Judy Villard Overocker

Problems between people can come about from the lack of communication, misunderstandings, unawareness of rules and policies or just plain negative behavior. To counter and possibly prevent such situations 4-H clubs can enhance the quality of positive communication by promoting and creating a positive learning environment among 4-H members, volunteers, parents/guardians, supporters and others. The impact will be measured by increased awareness of positive etiquette and sportsmanship values (character) and the changes in behavior of members, parents, volunteers and others. Participants will receive copies of five to ten minute mini lessons for use in local club programs along with related resource materials. The investment in a positive club environment will reap rewards multi-fold. *Limited to 80 participants.*

319 Real Winners: The Power of Sportsmanship *(Repeated in Session 2)* **Teens**

Presented by: Alisha Faudie & Ashlee Meardith

A real winner demonstrates respect, fairness, and integrity in life - whether in athletics, academics, the show ring, or daily interactions. This session focuses on the importance of good sportsmanship as a key component of personal character, teamwork, and success both in and out of 4-H. By the end of the session, teens will understand how practicing good sportsmanship contributes to leadership development, conflict resolution, and a more positive experience for everyone involved. *Limited to 50 participants.*

320 Teen Mentors in Animal Science : Leading the Next Generation **Teens**

Presented by Ohio 4-H Teen Leadership Council Animal Science Committee

Are you a teen leader passionate about animal science and ready to take the next step? This 4-H session is designed to equip experienced youth with the tools and confidence to become effective mentors in animal science projects. Through this interactive session, participants will learn how to support younger 4-H'ers, share their knowledge, and model leadership through the animal science programs. From completing books to helping prepare a younger member for their first show, this session will help to equip you with the communication skills and coaching techniques required. Whether you're involved in livestock, companion animals, or veterinary science, this session will help you become a positive role model and mentor in your club or county program. Step up as a leader and help grow the future of animal science in 4-H! *Limited to 50 participants.*

321 Vision to Reality: Transforming 4-H Through Community Engagement **Both**

Presented by: Maddie Allman, Audrey Dimmerling, Claire Linepensel, & Ohio 4-H Community Programs Design Team

Discover how innovative 4-H programs are reshaping communities by turning bold ideas into impactful realities. This session highlights successful strategies for engaging local partners, leveraging youth leadership, and designing programs that reflect the unique needs of diverse communities. Participants will explore real-world examples, gain practical tools for collaboration, and leave inspired to lead transformative change in their own counties. The session will provide ideas to volunteers and teen leaders on ways in which they can engage their community in 4-H programs outside of the "traditional" club model and into a more innovative, community-engaged approach to positive youth development programming. Whether you're launching a new initiative or revitalizing existing efforts, this session will help you connect vision with action for your 4-H program. *Limited to 100 participants.*

Session 4 – 2:00-2:45 p.m.

401 Ask Me About The 4th H **Both**

Presented by: Ohio 4-H Teen Leadership Council Healthy Living Committee

In this session, we will define health living and share about the Ohio State University's Ten Dimensions of Wellness. We will also share about 4-H healthy living projects and how to incorporate healthy living topics into 4-H club meetings and activities. Join the Ohio 4-H Teen Leadership Council Health Living Committee members for an engaging discussion about the 4th H - health! *Limited to 50 participants.*

402 Beyond the Degree: Exploring Career Pathways After High School **Both**

Presented by: Ohio 4-H Teen Leadership Council College & Career Readiness Committee

College isn't the only road to success—and for many, it's not the first step. This session explores career pathways that don't require a four-year degree, from skilled trades and apprenticeships to certifications, technical training, and on-the-job learning. Presenters will share real examples of how young people have built meaningful, well-paying careers right out of high school. Participants will learn about essential next steps such as identifying their strengths, earning industry-recognized credentials, creating resumes, preparing for interviews, and connecting with mentors or local employers. Whether you're planning to enter the workforce directly or still deciding what's next, this interactive session will help you understand your options and start building a career with purpose. *Limited to 60 participants.*

403 Breaking the Ice: Purposeful Games to Build Connection and Engagement Both

(Repeated in Session 3)

Presented by: Pamela Montgomery

Looking for fresh ways to kick off a meeting or energize a group? Wondering why ice breakers and get-acquainted games matter—and how to use them effectively? This interactive session will explore the purpose behind these activities and demonstrate how they can foster connection, communication, and comfort in group settings.

Whether you're a camp counselor seeking creative ideas or a 4-H volunteer looking for new tools to open a meeting, this hands-on workshop will equip you with practical strategies and ready-to-use games. Come prepared to participate, laugh, and leave with a toolkit of activities you can use right away! *Limited to 50 participants.*

404 Choose Your Own Adventure: The Power of Self-Determined Projects Both

Presented by: Jackie Millard

What happens when kids take the lead in their learning? This session explores how self-determined projects can reignite engagement, especially for members who might otherwise drift away. Learn how to support deep dives into niche interests—even within traditional club topics—and discover strategies for creating meaningful projects in non-typical areas. Whether it's reshaping a cooking project to focus on career development or turning a quiet passion into a vibrant showcase, you'll leave with practical tools to help every child find their spark and stay connected. *Limited to 100 participants.*

405 Creating Successful Show Results Both

Presented by: Jacci Smith

Accurately capturing live show results at fairs is essential for ensuring correct animal sales, premium payments, and maintaining exhibitors' lifetime achievement records. However, this process can be challenging amidst the fast-paced environment of the fair. This session will present the practical record-keeping system used in Delaware County, which ensures that all show results are efficiently recorded, entered, and verified. By implementing this method, our Junior Fair Board members have taken ownership of the process, demonstrating leadership and accountability while contributing to the integrity of the fair's operations. *Limited to 100 participants.*

406 Do More with Less: Organizing Systems & Volunteers for Maximum Impact Both

Presented by: Jacki Baca

Discover how smart organizational systems and empowered volunteers can help you stretch resources and amplify your impact. This fun, hands-on workshop explores practical strategies for streamlining operations, building sustainable volunteer networks, and creating educational opportunities that work with your team—not against them. Whether you're managing a small program or a large initiative, you'll leave with tools, templates, and ideas you can implement right away. Come ready to collaborate, share, and get inspired! *Limited to 100 participants.*

407 Horses Wear Blinders, You Should Not **Both**

Presented by: Amy Fleshman

Would someone use the word "Observant" when describing you? When we make an effort to pay attention to details, and act on what we see, it can take you to a new level of awareness. In this playful class, we will show slides and discuss the image. By taking our "blinders" off, many will see things with a new perspective. Personal growth includes taking responsibility and then action. This interactive session will get you talking about how to become more observant and gain a fresh understanding about others needs and how to "level up" our accountability to those around us. *Limited to 50 participants.*

408 It Takes a 4-H Village: Engaging Members, Empowering Volunteers, and Connecting with Your 4-H Professional *(Repeated in Session 3)* **Adults**

Presented by: Beth Boomershine & Rachel Diedrick

A thriving 4-H club doesn't just happen - it's built by a village of caring adults who create meaningful experiences for youth. In this interactive session, explore practical and creative ways to keep 4-H members engaged, motivated, and connected throughout the year. We'll discuss strategies for strengthening club culture, empowering youth leadership, and building positive partnerships between volunteers and 4-H professionals. Whether your club is brand new or well established, you'll leave with ideas to re-energize meetings, increase participation, and help every member feel like they belong. Come ready to share, learn, and celebrate what makes 4-H clubs the heart of the 4-H experience! *Limited to 60 participants.*

409 Let's Explore 4-H Projects Other Than Livestock *(Repeated in Session 3)* **Both**

Presented by: Amanda Staley, Ashley Huffine, & Russ Mayer

Are your members only picking livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members, we will give you ideas and tools to create awareness of the many awesome projects available! *Limited to 100 participants.*

410 Managing Time and Behavior with Cloverbuds **Both**

Presented by: Christy Millhouse

Keeping our youngest 4-H members engaged is an important task for any 4-H volunteer or teen leader! This presentation will share ideas for managing your time with Cloverbuds and strategies for navigating their behavior. *Limited to 60 participants.*

411 Ohio State Fair Clothing Judging and Related Opportunities **Both**

Presented by: Christine Kendle, Shannon Carter, Jami Dellifield, & Laryssa Hook

Ohio State Fair Clothing judging can be a little daunting, especially for those who are early in their 4-H clothing career! During this session, participants will learn about the in's and out's of clothing judging including what to bring to the Ohio State Fair and what to expect during the judging event. Participants will also learn about additional opportunities for awards and involvement that goes beyond their project books. *Limited to 50 participants.*

412 Older Youth Opportunities **Both**

Presented by: Ohio 4-H Teen Leadership Council 4-H Promotion & Advocacy Committee

This presentation will highlight impactful opportunities for older youth, designed to develop leadership and civic engagement skills. We will cover major leadership events such as the National 4-H Conference in Washington, D.C., civic learning-through Citizenship Washington Focus, cultural immersion trips like the 4-H Global Immersion Greece trip, and state-level roles such as 4-H Event Youth Assistant (4HEYA) or Teen Leadership Council. Come learn about these opportunities from other 4-H teens! *Limited to 50 participants.*

413 Organzing a Livestock Disability Show 101 **Both**

Presented by: Kaytlyn Graver

Start a disability-friendly, community-focused livestock show at your fair! Learn to plan, promote, and hold an inclusive event. We cover building partnerships (Extension, 4-H, Fair Board, Stakeholders) and recruiting participants and sponsors to make showing an animal accessible for all. *Limited to 50 participants.*

414 Picture this: 4-H'ers in Photography **Both**

Presented by: Tim Parish

Don't let your members go undecided! For any age level, the photography projects are a great, low budget option for the 4-H'er who "just doesn't know what to do this year." Learn about the individual project structure and an overview of the series. *Limited to 60 participants.*

415 Play to Grow! Activities to Build Engagement & Belonging **Both**

(Repeated in Session 3)

Presented by: Tyler Kessler

Are you looking for some 'go-to' games you can use to encourage youth engagement and belonging across ages and stages? Do you want to learn more about how to support positive connections and social emotional health through play? During this session, we will showcase fun games and activities you can use to help 4-Hers share safely and connect with staff and each other. We will also demonstrate other simple, fun games that are easy to tweak for use at various stages of development. Join in and learn the fun way - Let's play some games! *Limited to 50 participants.*

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417 Promoting 4-H with Passion! Both

Presented by: Lisa McCutcheon, Adrienne Anderson, and Carrie Lewis

The opportunities that exist within your community to promote 4-H are nearly as plentiful as the incredible number of opportunities that 4-H provides for families! The hard part – how do you promote 4-H and where do you promote 4-H? The answers are easy! Promote 4-H as often as you can in any location - but make it FUN! The Licking County 4-H Committee has found its niche and is excited to be creating lots of community partnerships as they show up to show off 4-H! With the addition of their new "Carrie the Clover" mascot, the Committee is getting a lot of attention and using that as an opportunity to show that 4-H is fun and engaging and is a nice compliment to sports and school activities! *Limited to 100 participants.*

418 Thriving 4-H: From Surviving to Thriving Both

Presented by: Nate Arnett

The 4-H Thriving Model predicts that participation in high-quality youth development programs helps youth thrive, and thriving youth achieve key developmental outcomes. The model illuminates the process of positive youth development with theoretical and practical applicability to programs employing a positive youth development approach (Arnold &Gagnon, 2019). The 4-H Thriving model is based on the extensive body of research in youth development and builds on the 5Cs model that resulted from the 4-H Study of Positive Youth Development (Lerner & Lerner, 2013). While we all believe 4-H is an amazing program, it takes intentionality and purpose from all of us to keep our youth development efforts strong. Join this session to learn more about the model and helpful resources that can be used to make your program even better. *Limited to 60 participants.*

419 Wanted! Invasive Species Posters **Both**

Presented by: Jess Burns & Claire Linepensel

This presentation highlights a dynamic youth initiative focused on invasive insect species in Ohio. Through research and creative poster design, youth participants learn to identify invasive insects, understand their impact on local ecosystems, and explore ways to prevent their spread. The project blends science education with visual storytelling, encouraging youth to become informed environmental stewards.

Posters are submitted to a committee made up of 4-H professionals, where they are judged on accuracy, creativity, and effectiveness. Participants compete statewide, gaining recognition while deepening their knowledge of entomology and conservation. This session will share project guidelines, educational outcomes, and examples of youth work, offering inspiration for similar programs in other communities. *Limited to 50 participants.*

Workshop B – 2:00-3:30 p.m.

701 2026 Youth Livestock Quality Assurance Certification for Youth Exhibitors **Teens**

Presented by: Andrea Rees

Quality Assurance training is an annual requirement for youth livestock exhibitors to complete to exhibit their livestock projects at their county or state fair. This session will go through a full training that will grant you the certification needed for their QA training for 2026. Please check with your county to make sure that this qualifies for your county. *Limited to 50 participants.*

702 Shooting Sports Volunteer Adult Recertification Pilot **Adults**

Presented by: Lindsey Van Gundy, Barb Haverskos, Meredith Briski, & Sara Smith

This workshop will count toward the recertification of shooting sports instructors with pistol, rifle, archery and coordinator disciplines. This program will focus on state and national updates in curriculum, utilizing the current methods of instruction with non-live fire tactics and teaching methods. This is essential for those looking to get their recertification and have had their most recent training between 2018-2025. *Limited to 50 participants.*

703 Show What You Know: Creating a Winning 4-H Demonstration Teens

Presented by: Kelly Royalty, Tracie Montague, & Rebecca Supinger

A great 4-H demonstration does more than inform—it inspires, teaches, and leaves a lasting impression. In this interactive session, teens will learn the essential components of an effective 4-H demonstration, including topic selection, organization, visual aids, delivery, and confidence-building techniques. Through hands-on activities, real-life examples, and peer feedback, participants will gain practical tools for crafting clear, engaging, and judge-friendly presentations. Whether you're preparing for your first competition or aiming to level up your skills, this session will walk you through the steps to create a compelling demonstration from start to finish. Participants will leave with a demo outline, tips for success, and the confidence to "show what they know" at club, county, or state-level contests. *Limited to 50 participants.*

704 Understanding Others through Real Colors Both

Presented by: Melinda Ryan

In this session, you will discover your REAL COLOR(s). Learn what all the colors mean and why people may react to situations they way they do. This interactive workshop will give you understanding in dealing with all types of people. This is especially helpful in understanding members in your 4-H club. Why some act or react to the things you do as an advisor. *Limited to 50 participants.*

Session 5 – 3:00-3:45 p.m.

501 2026 4-H Projects! What's New, What's Revised, What's Discontinued? Both

(Repeated in Session 3)

Presented by: Rhonda Williams & Carrie Davisson

Join the 4-H editorial team from Extension Publishing to learn about 2026 4-H projects. See what's new, revised, and discontinued in the areas of animal sciences, creative and leisure arts, home living, money management, natural resources, and self-determined. Do you have an idea for a new self-determined idea starter or a new 4-H project book? We'd love to hear from you! This session is also an opportunity for youth to share their thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! *Limited to 50 participants.*

502 4-H Fundamentals of Club Management: Club Files and Finances Both

Presented by: Jenna Hoyt

Paperwork, deadlines and documentation! In this session, 4-H club volunteers will explore the ins and outs of 4-H club management best-practices. Participants will discuss the importance of managing and maintaining active club files, maintaining important IRS documents, club constitutions and by-laws, Insurance and the best way to manage club funds. *Limited to 60 participants.*

503 Beyond the Handshake: Building Your Network **Teens**

Presented by: Wyatt Morrow

This session will help 4-H youth strengthen their professional presence and prepare for future opportunities. Participants will learn how to create and refine a LinkedIn profile that highlight their skills, experiences, and leadership gained through 4-H. The session will also provide practical strategies for networking - how to confidently start conversations, make connections, and maintain relationships that support future internships, college goals, and careers. By going "beyond the handshake," youth will gain insights and tools to build lasting networks that reflect the values of 4-H and set them up for success in their next steps. *Limited to 50 participants.*

504 Discovering Healthy Choices that Positively Impact Your Life **Both**

Presented by: Amy Fleshman & David Fleshman

Do you feel run down or have trouble focusing? We will discuss some good health practices that can move you to make healthier choices. We will share about the food target in order to help you have a quick method of evaluating what you eat and how to make small changes towards healthier habits. Knowledge is power so we will look at some food history and how things have changed over time. Excerise doesn't need to make you cringe, so we will demonstrate an option that has been beneficial in our health journey. Often we will surrender our sleep due to our busy schedules, but how does that impact us? Are there things we can do in order to train ourselves to be better at sleeping? How many days does it take to get to better health - come and find out? This fast paced class will get you thinking about eating, moving and sleeping in order to make the best, better. *Limited to 100 participants.*

505 From Vision to Victory: Dos and Don'ts of Event Planning **Both**

Presented by: Alysa Pringle, Ruth Beery, and Wilmington College Aggies & Collegiate 4-H

Join Wilmington College Aggies & Collegiate 4-H for an in-depth look at the leadership, teamwork, and strategy behind planning the largest livestock judging contest on this side of the Mississippi. Come learn about how collaboration, communication, and problem-solving all work together to make a large-scale event run smoothly. We will share our dos and don'ts of coordinating participants, managing logistics, communication, and problem-solving under pressure. You will leave this session equip to successfully plan your next event! *Limited to 80 participants.*

506 Junior Leadership- Leading the Way **Both**

Presented by: Seneca County Junior Leadership

Junior Leadership is more than just a title, it's a way for teens to lead through many different opportunities and to pledge their hands to larger service. In Seneca County, Junior Leadership leads the way through many activities throughout the fair and the rest of the year. Join us as we share about the effort's teens put in before, during, and after many great opportunities and events. These opportunities include, Santa's Workshop, Fall Fun Night, cleaning and working milkshake stand, gaga ball tournament, speaking at Grade A Celebration, teaching at Officer Training, and many other great opportunities. At all of these event's TEENS lead the way and work hard to be role models to younger youth and set the way. *Limited to 100 participants.*

507 Leading the Way: RISE Counselor Edition **Both**

Presented by: Kayla Linden & Jacki Baca

The camp counselor program invites numerous youths to participate in a program that helps to build many leadership skills. Lorain County started a program known as the RISE Counselors that allows for those leadership driven individuals a chance to share past experiences, lead activities, and guide younger members to be the best possible versions of themselves. Originally piloted in 2024, this addition to the camp program increased the number of counselors and campers that attended our five camps. Come and join us as Kayla Linden, the 2025 Chair of the RISE Counselors, and Jacki Baca, the Lorain County 4-H Educator, explain and illustrate the details on the importance of this addition and how you can apply this to your county camp program. *Limited to 60 participants.*

508 Learning How and Why a "Personal Touch" Makes a Difference in a 4-H Club's Success **Both**

Presented by: Judy Villard Overocker

How can you keep members and volunteers involved in your club program? How do you develop memorable relationships with them? How do you help members and volunteers to be seen and valued? How do you build trust and loyalty among them? Adding a "personal touch" (unique, individual and/or special qualities) to your club leadership can help demonstrate a genuine interest in your club member and volunteer's experience. In return, this can build trust and loyalty, plus be the key differentiator in the continued success of your club program. Learn how you can impact your club program without spending lots of money or time. This session will have group interaction and hand-outs with lots of ideas to take home. *Limited to 100 participants.*

509 Master Clothing Educator Volunteer: What are they all about? Adults

Presented by: Pamela Montgomery & Master Clothing Educator Volunteers

Join us for an engaging and informative session designed for current and prospective Master Clothing Educator Volunteers. In the first half of the session, participants will explore the qualifications, training requirements, and ongoing commitments needed to become and remain a certified Master Clothing Educator Volunteer. Learn about the application process, continuing education expectations, and how to maintain active status. In the second half, discover what Master Clothing Educator Volunteers are planning and doing. *Limited to 50 participants.*

510 Ohio 4-H Clover Award: A New Statewide Member Recognition Opportunity Both

(Repeated in Session 1)

Presented by: Frances Foos, Christy Clary, Jessica Rockey, Mackenzie Lowe, & Ashlee Meardith

Join us to learn more about the Ohio 4-H Clover Awards launching in 2026. The Clover Awards are a new awards program that does not replace any other statewide awards. The purpose is to encourage 4-H members to engage in a variety of projects and activities, to enable members to refine their record keeping abilities, and to enhance their leadership skills. The Clover Awards program also is designed to recognize youth for their continued involvement and growth through the 4-H program. *Limited to 100 participants.*

511 Parents Survival Guide - from Book to Fair Adults

Presented by: Kristina Boynton Acklin, Lynn Harting, Kate Acklin, & Jessica Thacker

A parent's guide to supporting their child through their projects - deadlines, requirements, where to find information, and understanding expectations. Presented by two moms who are former 4-H members, and are current advisors and sisters. Our kids may have managed to take almost every project over the past 20+ years in two different counties. We did not sleep many nights as hems were sewn in, cakes were decorated, boards completed, pictures printed. Let's not forget the crazy searches of every Tractor Supply / Rural King for an elusive halter needed at the last minute or when the feed is gone 2 days before the end of Fair. We survived, we may have some ideas on how you may be able to do it better. *Limited to 50 participants.*

512 The Poultry Project: Hands-On Harvest *(Repeated in Session 1)* **Both**

Presented by: Jenny Strickler

Following the fair, our Poultry Processing Workshop offers youth poultry exhibitors a valuable hands-on learning experience. Participants who exhibited market chickens at the fair have the opportunity to take part in the complete processing process—from live bird handling to packaging the final product. Guided by experienced instructors, youth will learn about proper food safety, humane handling, and the steps involved in preparing poultry for consumption. This educational workshop helps exhibitors better understand where their food comes from and the care, responsibility, and skill involved in producing it. The experience reinforces the purpose of livestock projects and highlights the importance of quality, safety, and respect for the animals raised. Through active participation, youth gain practical knowledge, build confidence, and deepen their appreciation for agriculture and the farm-to-table process. *Limited to 100 participants.*

513 Public Speaking Made Easy **Both**

Presented by: Amanda Staley & Ashley Huffine

So, what can we do to help our youth overcome this fear? Games or activities are a great place to start and many examples of this will be shared. We will also demonstrate a basic demonstration while teaching you how to develop it to make it educational, interesting, and exciting enough to keep an audience's attention. The 2025 Ohio State Fair Illustrated Talk or Demonstration Junior winner will give the demonstration that awarded her this title. It's a demonstration you do not want to miss!! *Limited to 60 participants.*

514 Tools to Survive and Thrive High School and Beyond **Teens**

Presented by: Joy Bauman, Emma Lansing, Madison Legg, & Hailee Greene

Whether you are heading to college or plan to enter the workforce, there are some key skills you need to be successful. Put these life skills into practice to not only survive, but thrive through young adulthood. *Limited to 80 participants.*

515 Year-round SPIN for the Win **Adults**

Presented by: Jackie Millard & Robin Stone

Discover how SPecial INterest (SPIN) clubs can transform engagement through collaborative learning. In this session, hear from the creator of two SPIN clubs in a county now home to seven active, year-round SPIN programs. Explore how members working on individual projects within a shared theme fosters both independence and connection—making the experience more enjoyable and sustainable. Learn how group-based learning across clubs encourages interaction, sparks creativity, and supports deeper exploration in both traditional subjects and unique, self-determined interests. Join us to see how SPIN can keep members inspired, connected, and coming back for more. *Limited to 100 participants.*

2026 Ohio 4-H Conference-at-a-Glance

Morning Before Luncheons

KEY	Animal Science	Cloverbuds	Teen Leadership, Opportunities, and Workforce Preparation
	Camp	Project Specific	Volunteer Resources and Effective 4-H Clubs

Session 1	100	Workshop A	600	Session 2	200	Session 3	300
9:00 am - 9:45 am		9:00 am- 10:30 am		10:00 am - 10:45 am		11:00 am - 11:45 am	
The 3Cs of Assertive Communication for Camp Counselors	101	4-H Hands to Larger Service	601	Beyond Ready for LIfe: History of 4-H and A.B. Graham	201	2026 4-H Projects! What's New, What's Revised, What's Discontinued?	301
4-H Shooting Sports Ambassador Highlights	102	The 5 Dysfunctions of a Team: Take Home Teambuilders for Groups	602	Cake Decorating Tips and Tricks	202	4-H Shooting Sports Updates Around the State	302
Advisors You are the Hub of the Wheel	103	Confronting the Criticism: How to Self-Assess, not Self-Destruct	603	Fashion Reboot: Upcycle Your Wardrobe	203	Advisors You are the Hub of the Wheel	303
Artificial Intelligence and Ohio 4-H	104	Games for Growth	604	From Passion to Project: STEM Project Outreach Tools	204	Artificial Intelligence and Ohio 4-H	304
Bridging the Gap: Effective Communication Strategies for 4-H Clubs	105	Ohio 4-H Food Challenge	605	Growing Teachers Throughout the Seasons: School-Year Gardening for Group Projects, SPIN, and More!	205	Breaking the Ice: Purposeful Games to Build Connection and Engagement	305
Did I Just Say That? That's Not What I Meant.	106			Handling Inappropriate Questions from Campers	206	Expand Your World: Ohio 4-H Immersion Local and Global Adventures	306
Engaging Cloverbuds… Without Reinventing the Wheel	107			How to Get Your Cloverbuds Involved in the 2026 Cloverbud Engineering Adventure	207	The Game of Life: Are You Ready to Play?	307
Exploring Extension Careers through Community Leadership	108			Kindergarten Ag in the Classroom	208	Grad Goals: Sealing the Deal Through 4-H	308
Horse Bowl? I Didn't Know Horses Could Bowl	109			Leadership in a Digital Age: Crafting Your Personal Brand	209	Growing with Grandparents... and Grand friends	309
Looking Out for the Future of Agriculture : Advocating for Tomorrow	110			Learning Biosecurity Through Hands On Activities	210	Guiding Youth to Ring Readiness	310
Maximize Your Harvest Through 4-H Growing Projects	111			Ohio 4-H Animal Sciences Program Update	211	It Takes a 4-H Village: Engaging Members, Empowering Volunteers, and Connecting with Your 4-H Professional	311
Ohio 4-H Clover Award: A New Statewide Member Recognition Opportunity	112			Real Winners: The Power of Sportsmanship	212	Junior Leaders Connecting with Cloverbuds	312
The Poultry Project: Hands-On Harvest	113			Student Voices: Navigating CCP, College Applications, and the Next Step After High School	213	Kindergarten Ag in the Classroom	313
Taking the Leap in Leadership: Event Planning	114			Tips to Ensure that Your County 4-H Committee is Making a Positive Impact…	214	Let's Explore 4-H Projects Other Than Livestock	314
Talk Money, Marketing, and More with the Ohio 4-H Foundation Board	115			Volunteer Competencies through Lunch and Learn Trainings	215	Limitless Livestock in the Classroom	315
Veteran's Honor Quilts	116			Welding Skills Beyond the Basics & Educating Tomorrow's Farmers	216	Ohio 4-H Dog Program Update	316
Who Cares? We Do!	117			You're Out of 4-H, Now What?	217	Play to Grow! Activities to Build Engagement & Belonging	317
				Youth Activities and Programs Policy	218	Positive Relationships: Dealing with Sportsmanship & Etiquette	318
						Real Winners: The Power of Sportsmanship	319
						Teen Mentors in Animal Science : Leading the Next Generation	320
						Vision to Reality: Transforming 4-H Through Community Engagement	321

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Afternoon After Luncheons

Animal Science	Cloverbuds	Teen Leadership, Opportunities, and Workforce Preparation
Camp	Project Specific	Volunteer Resources and Effective 4-H Clubs

Session 4	400	Workshop B	700	Session 5	500
2:00 pm - 2:45 pm		2:00 pm - 3:30 pm		3:00 pm - 3:45 pm	
Ask Me About The 4th H	401	2026 Youth Livestock Quality Assurance Certification for Youth Exhibitors	701	2026 4-H Projects! What's New, What's Revised, What's Discontinued?	501
Beyond the Degree: Exploring Career Pathways After High School	402	Shooting Sports Volunteer Adult Recertification Pilot	702	4-H Fundamentals of Club Management: Club Files and Finances	502
Breaking the Ice: Purposeful Games to Build Connection and Engagement	403	Show What You Know: Creating a Winning 4-H Demonstration	703	Beyond the Handshake: Building Your Network	503
Choose Your Own Adventure: The Power of Self-Determined Projects	404	Understanding Others through Real Colors	704	Discovering Healthy Choices that Positively Impact Your Life	504
Creating Successful Show Results	405			From Vision to Victory: Dos and Don'ts of Event Planning	505
Do More with Less: Organizing Systems & Volunteers for Maximum Impact	406			Junior Leadership- Leading the Way	506
Horses Wear Blinders, You Should Not	407			Leading the Way: RISE Counselor Edition	507
It Takes a 4-H Village: Engaging Members, Empowering Volunteers, and Connecting with Your 4-H Professional	408			Learning How and Why a "Personal Touch" Makes a Difference in a 4-H Club's Success	508
Let's Explore 4-H Projects Other Than Livestock	409			Master Clothing Educator Volunteer: What are they all about?	509
Managing Time and Behavior with Cloverbuds	410			Ohio 4-H Clover Award: A New Statewide Member Recognition Opportunity	510
Ohio State Fair Clothing Judging and Related Opportunities	411			Parents Survival Guide - from Book to Fair	511
Older Youth Opportunities	412			The Poultry Project: Hands-On Harvest	512
Organzing a Livestock Disability Show 101	413			Public Speaking Made Easy	513
Picture this: 4-H'ers in Photography	414			Tools to Survive and Thrive High School and Beyond	514
Play to Grow! Activities to Build Engagement & Belonging	415			Year-round SPIN for the Win	515
Positive Relationships: Dealing with Sportsmanship & Etiquette	416				
Promoting 4-H with Passion!	417				
Thriving 4-H: From Surviving to Thriving	418				
Wanted! Invasive Species Posters	419				